

March 2020

Towns County Middle-High

MONDAY

Alfredo Pasta **2**
Philly Cheesesteak
Roasted Carrots
Steamed Broccoli
Garlic Toast
Choice of Fruit
Choice of Milk

Gravy Biscuit, Grits, Cereal

TUESDAY

Cheese Nachos **3**
Cheese Quesadilla
Corn
Ranch Beans
Lettuce, Tomato, Salsa
Choice of Fruit
Choice of Milk

Chicken Biscuit or Cereal

WEDNESDAY

Pizza **4**
BBQ Sandwich
Green Peas
Coleslaw
Toss Salad
Choice of Fruit
Choice of Milk

Sausage Biscuit or Cereal

THURSDAY

Spaghetti with Meat sauce **5**
Corndog
Green Beans
Roasted Potatoes
Garlic Toast
Choice of Fruit
Choice of Milk

Egg & Cheese Biscuit or Cereal

FRIDAY

Chicken Sandwich **6**
Hamburger on Bun
Baked Beans
Mac and Cheese
Lettuce, Tomato & Pickles
Choice of Fruit
Choice of Milk

Gravy Biscuit, Grits/Eggs or Cereal

Rotini with Meat sauce **9**
Philly Cheesesteak
Roasted Carrots
Broccoli with Cheese
Garlic Toast
Choice of Fruit
Choice of Milk

Gravy Biscuit or Cereal

Chili with Crackers **10**
Grill Cheese Sandwich
Oven Fries
California Blend Veggies
Choice of Fruit
Choice of Milk

Chicken Biscuit or Cereal

Roasted Turkey **11**
BBQ Sandwich
Mash Potatoes
Green Peas
Uncle Bens Stuffing
Cranberry Sauce
Choice of Fruit
Choice of Milk

Sausage Biscuit or Cereal

Chicken Nuggets **12**
Hot Dog on Bun
Green Beans
Coleslaw, Garlic Bread
Roasted Potatoes
Choice of Fruit
Choice of Milk

Egg & Cheese Biscuit or Cereal

Chicken Sandwich **13**
Hamburger on Bun
Baked Beans
Mac & Cheese
Lettuce, Tomato & Pickles
Choice of Fruit
Choice of Milk

Gravy Biscuit, Grit/Eggs or Cereal

Alfredo Pasta **16**
Philly Cheesesteak
Roasted Carrots
Steamed Broccoli
Garlic Toast
Choice of Fruit
Choice of Milk

Gravy Biscuit, Grits, Cereal

Beef Nachos **17**
Cheese Quesadilla
Corn
Ranch Beans
Lettuce, Tomato, Salsa
Choice of Fruit
Choice of Milk

Chicken Biscuit or Cereal

Pizza **18**
BBQ Sandwich
Green Peas
Coleslaw
Toss Salad
Choice of Fruit
Choice of Milk

Sausage Biscuit or Cereal

Spaghetti with Meat sauce **19**
Corndog
Green Beans
Roasted Potatoes
Garlic Toast
Choice of Fruit
Choice of Milk

Egg & Cheese Biscuit or Cereal

Chicken Sandwich **20**
Hamburger on Bun
Baked Beans
Mac and Cheese
Lettuce, Tomato & Pickles
Choice of Fruit
Choice of Milk

Gravy Biscuit, Grits/Eggs or Cereal

Rotini with Meat sauce **23**
Philly Cheesesteak
Roasted Carrots
Broccoli with Cheese
Garlic Toast
Choice of Fruit
Choice of Milk

Gravy Biscuit or Cereal

Chili with Crackers **24**
Grill Cheese Sandwich
Oven Fries
California Blend Veggies
Choice of Fruit
Choice of Milk

Chicken Biscuit or Cereal

Roasted Turkey **25**
BBQ Sandwich
Mash Potatoes
Green Peas
Dinner Roll
Choice of Fruit
Choice of Milk

Sausage Biscuit or Cereal

Popcorn Chicken **26**
Hot Dog on Bun
Green Beans
Coleslaw, Garlic Bread
Roasted Potatoes
Choice of Fruit
Choice of Milk

Egg & Cheese Biscuit or Cereal

Chicken Sandwich **27**
Hamburger on Bun
Baked Beans
Mac and Cheese
Lettuce, Tomato & Pickles
Choice of Fruit
Choice of Milk

Gravy Biscuit, Grits/Eggs or Cereal

Alfredo Pasta **30**
Philly Cheesesteak
Roasted Carrots
Steamed Broccoli
Garlic Toast
Choice of Fruit
Choice of Milk

Gravy Biscuit, Grits, Cereal

Cheese Nachos **31**
Cheese Quesadilla
Corn
Ranch Beans
Lettuce, Tomato, Salsa
Choice of Fruit
Choice of Milk

Chicken Biscuit or Cereal

Available Daily

Fresh Toss Salad and Fruits
Choice of 1% white or Chocolate Milk
Dry Cereal offered at BREAKFAST
Various A La Carte Items are available for purchase at lunch

School News

BREAKFAST MEAL PRICES:
\$1.00 OR \$.30 FOR REDUCED MEALS

LUNCH MEAL PRICES: \$2.00 FOR ELEM. And \$2.10 FOR MIDDLE AND HIGH.

HARVEST OF THE MONTH:
ROOT VEGETABLES:
(CARROTS, BEETS, RADISHES)

Menu is subject to change due to availability.

This institution is an equal opportunity provider.

DID YOU KNOW?

The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war. March was the beginning of our calendar year.